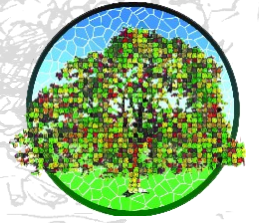


East Montrose

Civic Association Newsletter



Connect: [Facebook.com/groups/East Montrose](https://www.facebook.com/groups/EastMontrose) and www.eastmontrose.org or Mail: PO Box 131363 Houston, TX 77219

October 2023

It is the mission of East Montrose Civic Association to serve the interests of East Montrose, to promote the safety and welfare of its residents, to foster a sense of community, and to celebrate the diversity and uniqueness of the area. These goals are accomplished through the efforts of its volunteers and elected officers.

EMCA 2023 Calendar

10/3—NNO POSTPONED DUE TO INCLEMENT WEATHER

10/17—7PM, National Night Out!

11/11—9AM, Neighborhood clean up

11/21—No meeting due to Thanksgiving!

12/5—Annual elections and holiday party

All EMCA meetings take place on the 3rd Tuesday of every month unless noted otherwise.

October 17 EMCA meeting agenda:

- ◆ Board position descriptions and candidate information

UPCOMING!!
NATIONAL NIGHT OUT!
 CHECK OUT THE FLYER INSIDE FOR DETAILS!!

To learn how YOU can help make trash pick-up more efficient, please read the guidelines linked below:

[COH Curbside Collection Guidelines](#)



EMCA has an Instagram account! Give us a follow @eastmontrose on Instagram for neighborhood updates, photos, and more!

Area crime reports can be found at the excellent and current www.spotcrime.com. The City of Houston crime database is almost always out of date.

East Montrose Civic Association annual Board elections will be held at our Annual Meeting and Holiday Event on **December 5, 2023**. At the beginning of the evening, we will be electing a Treasurer, Secretary and an At-Large Director. If you would like to serve on the nominating committee or if you would like to run for one of these positions, please email the Chair of the Nominating Committee, Mary Quinn, at pastpresident.emca@gmail.com.

All members in good standing (meaning your dues are up to date) are eligible to serve on the Board and to vote. You can check your status by reaching out to Malisa Galvan at treasurer.emca@gmail.com.

There are other volunteer positions available. Please contact any Board member to learn more.



Mark your calendar for Tuesday, October 17, 2023
7:00 p.m.

East Montrose National Night Out

Organized by the East Montrose Civic Association

Come join your neighbors in enhancing Police/Community Relations
Outside Anderson Fair located at corner of Grant and Welch
2007 Grant Street, Houston, TX 77006

Interact with attendees from the Houston Police Department, Harris County Constables and local officials

Potluck – bring a dish to share if you are able – please try to mark your item so folks know what they are trying

Water provided

BYOB or beverages can be purchased at Anderson Fair

Fabulous Raffle Prizes donated by area businesses for Current EMCA Members

Membership table where you can join EMCA

If you are interested in volunteering, please contact Karen Brohn via email at president.emca@gmail.com.

Things to do in Houston this Month

1. Annual Greek Festival RIGHT IN OUR BACKYARD—The Annunciation Greek Orthodox Church is hosting their annual Greek fest—enjoy loads of delicious foods, wine tastings, games and dancing. Right here in Montrose!

October 5-7 at the Annunciation Greek Orthodox Cathedral

2. Grito Fest 2023 Its Hispanic Heritage Month, so lets celebrate Hispanic culture with a two day festival featuring folk dance, mariachi, Tejano artists, and more!

October 6-7 in the Baytown Town Square

3. REN FAIRE Year 49 of the Texas Renaissance Festival! Come enjoy a 16th century English village, filled with vendors, food, performances, artists. Don't forget to dress us!

Starting October 7 in Todd Mission

4. Bayou City Art Festival Check out a stunning showcase of art (available to shop or admire) by more than 200 artists. Additionally, there will be live performances and a community art project to take part in!

October 14-15 in Sam Houston Park, 10A-6PM

5. Halloweentown Not to be confused by the *classic* movie series, this is a festival filled with candy, shopping, costume contests and more. Fun for the whole family!

October 29 at Constellation Field, 12-5PM

From the Editor...

by Sofie Shoab



Keep your eyes peeled this October 14 for the annular solar eclipse.

This solar eclipse is caused by the moon crossing right along the center of the sun. Because the moon will not be at its closest to the Earth, this won't be considered a total eclipse. Due to this distance, the moons shadow (or umbra) will not touch the Earth, creating an *antumbral* shadow, within which a 'ring of fire' will be visible.

The eclipse should be crossing over Houston, with the following time stamps: the begin at 10:27AM, **peak at 11:58AM** and end by 1:38PM. So set an alarm and get outside! We are expecting that antumbral shadow to move at a speed of 1,772mph, relatively slowly compared to its starting speed (198,842mph) or its ending speed (582,976mph!!). The shadow always moves fastest at the extreme ends of its path because its axis lays more tangent to the Earths surface. The eclipse is expected to last about 219 minutes overall.

See you outside for the eclipse, and thanks Julie for the heads up!

sofie

RAIN BARRELS ARE BACK!

Sign-ups are open to collect your rainwater harvesting barrel for a subsidized cost of \$10. You can use the collected rainwater to care for your lawn and garden. One barrel holds up to 50 gallons of water, is easy to set up, and is made from recycled materials.

Council Member Abbie Kamin has teamed up with **Trees for Houston** so every barrel purchase comes with a free tree!

Please visit [District C Rain Barrels](#) to register for your barrel. Pick up is Saturday, October 7 at 9000 S Rice Ave, Houston (ERJCC Merfish Teen Center).

Rain barrels are by Ivy Rain Barrel, more information [here](#).

Recipe of the Month

It's October, which obviously means pumpkin. But hear me out—**PUMPKIN LASAGNA** isn't as strange as it sounds. Give it a shot!! Recipe by Monique Volz

Ingredients

• **For the noodles:**

- 10 lasagna noodles

• **For the ricotta mixture:**

- 1/2 tablespoon olive oil
- 6 ounces spinach (from 1 bag spinach)
- 1 (15 ounce) container part skim ricotta
- 1 egg
- 1/2 teaspoon garlic powder
- 1/2 teaspoon salt
- Freshly ground black pepper

• **For the pumpkin layer:**

- 2 (15 ounce) cans pumpkin puree
- 1/2 cup milk (I like unsweetened almond milk,

but any milk will work)

- 1/4 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1/4 teaspoon ginger
- 1/4 teaspoon allspice
- 3/4 teaspoon salt
- Freshly ground black pepper

• **For the layers:**

- 3 cups shredded mozzarella cheese, divided (approximately 12 ounces)

- 1 cup grated parmesan cheese, divided

• **To garnish:**

Fresh chopped parsley or small sage leaves

Directions

Step one

Preheat oven to 400 degrees F. Grease a 9x13 inch baking pan with nonstick cooking spray.

Step two

Bring a large pot of water to a boil. Cook the lasagna noodles for 5-6 minutes, then drain. Immediately lay the noodles flat on an oiled baking sheet or cutting board so you can easily assemble the lasagna when ready. Another option is to soak the lasagna noodles in very warm (hot) water for 20-30 minutes if you do not want to boil them. (You can also use no cook lasagna noodles, but they aren't my favorite!)

Step three

While the lasagna noodles are boiling, cook the spinach: add 1/2 tablespoon olive oil to a medium pan or skillet and place over medium heat. Add spinach, season with a little salt and pepper and cook until spinach wilts down. Add to a medium bowl and allow to cool for a minute or two.

Step four

In the small bowl, add the spinach, ricotta, egg, garlic powder, salt and pepper. Set aside.

Step five

Next make the pumpkin mixture: add pumpkin, milk, cinnamon, nutmeg, ginger, allspice, salt and pepper to a large bowl. Mix to combine.

Step six

To assemble the lasagna, spread 1 heaping cup of pumpkin mixture over the bottom of the baking dish. Place 5 of the cooked lasagna noodles on top laying 4 vertically and 1 horizontally. Spread half of the spinach-ricotta cheese mixture on top of the noodles, then top with 3/4 cup shredded mozzarella.

Step seven

Next, add 1 heaping cup of the pumpkin mixture on top of the mozzarella and then sprinkle with 1/2 cup of parmesan cheese.

Step eight

Repeat layers once more: adding remaining noodles, remaining spinach-ricotta mixture, 3/4 cup shredded mozzarella, then top with any remaining pumpkin and 1/2 cup parmesan cheese. Finally, top with remaining 1 1/2 cups shredded mozzarella cheese.

Step nine

Cover with foil and bake covered for 25 minutes. Remove foil and bake another 15-20 minutes until cheese starts to brown just a bit. Garnish with extra parmesan and either chopped sage or parsley. Cool for 15 minutes before cutting and serving. Serves 12.



On one of those 100*+ days in early August, I was walking to pick up a rental car at Hertz in Midtown. Got one block from my house, and stopped in my tracks ... Sunlight filtered down through a canopy of branches arched over the street, creating this mesmerizing pattern on the pavement. With a little bit of breeze, the shadows danced. The shade was welcome. As a side note, I'll point out that these crepe myrtles are some of the lucky few in the neighborhood that have been allowed to grow naturally (meaning that they've escaped the annual "Crepe Murder" whacking off at the knuckles). They're tall and sinewy, with the beautiful form that Mother Nature intended. I stood there a full minute, at least, looking up, down, all around. Listening and feeling the moment, too. 2000 block of Stanford.



East Montrose Civic Association Elections

In December we will be voting on three positions –

- ⇒ Secretary
- ⇒ Treasurer
- ⇒ At-Large

A nominating committee will be handling the elections. If you are interested in participating in the nominating committee or have interest in volunteering on the Board of Directors, please send an email to

president.emca@gmail.com and/or pastpresident.emca@gmail.com.

Extra printed newsletter copies can be found in the mailbox at Peggy Shiffick Park. Digital PDF versions are on the "files" tab of the East Montrose Facebook page and on Eastmontrose.org. Newsletters are normally printed only four times per year. Digital issues are available every month. Send your name, address and email to treasurer.emca@gmail.com for a PDF newsletter receipt by email each month including print months. Deadlines for newsletter article submissions is always the 20th day of the previous month. Article submissions are always welcome. No self promotion please!

East Montrose Neighborhood Cleanup

Come help keep our "Living Mosaic" beautiful!

Saturday, November 11th

9AM

Meet at Peggy H Shiffick Park (Bomar Street)

Supplies provided

Please email George.boos!att.net for details!

Art and about...

by Penny Cerling

What to do with those problems in the yard? Here are some creative solutions!



Mayor's Assistance Office: Jack Valinski
jack.valinski@houstontx.gov, 832-393-5958

Our District C City Council Member: Abbie Kamin
 Contact Ngan Nguyen
districtc@houstontx.gov—832-393-3004

City of Houston Community Liaison
 Carl Davis—832-393-4063

Harris County Precinct One—Commissioner Rodney Ellis
 Contact: Matala Idi
Matala.idi@cp1.hctx.net—346-286-1900

Council Member At Large #5—Sallie Alcorn
 Contact: Mike Watkins
Mike.watkins@houstontx.gov—832-393-3017

East Montrose C/A Contacts

President: Karen Brohn —president.emca@gmail.com
 V-Pres: Hugo Ovalle—vicepresident.emca@gmail.com
 Treasurer: Malisa Galvan—treasurer.emca@gmail.com
 Secretary: Rachel Tucker—secretary.emca@gmail.com
 Past Pres.: Mary Quinn—pastpresident.emca@gmail.com
 At Large 1: Katy Macalla and Alyssa Ketner —rep1.emca@gmail.com
 At Large 2: Lewis Goldstein — rep2.emca@gmail.com
 Neartown Liaison: OPEN
 Newsletter: Sofie Shoaib—newsletter.emca@gmail.com
 HPD's PIP: OPEN
 Security: Hugo Ovalle—safety.emca@gmail.com
 Trees for EM: Josh & Helen Dubach - jsdubach@gmail.com
 Peggy Shiffick Park: Gloria Lyons—globella@icloud.com
 FB Admin: Bill Maxey - [EastMontrose@groups.facebook.com](https://www.facebook.com/EastMontrose/groups)
 Yard of the Season: Betsy Anderson — bsatexas@sbcglobal.net
 Clean up Crew: George Boos —george.boos@att.net

The following volunteer positions are currently open:
 Block Captains: **OPEN**—block captains are needed for each street in the boundaries of East Montrose

Please contact the EMCA President or VP to volunteer. We need you!

TRASH COLLECTION SCHEDULE

October 2	Monday	Regular Trash & Lawn & Recycle
October 4	Wednesday	Junk
October 9	Monday	Regular Trash & Lawn
October 16	Monday	Regular Trash & Lawn & Recycle
October 23	Monday	Regular Trash & Lawn
October 30	Monday	Regular Trash & Lawn & Recycle

This trash schedule comes from the Rollout! app and is subject to change. ***holiday schedule / not confirmed

August, 2023 Treasurer's Report			
For the period August 1, 2023 - August 31, 2023			
EMCA			
Beginning Balance			\$ 7,736.67
Monies In	Membership	\$ 15.00	
Monies Out	Quickbooks		\$ 31.98
	Storage		\$ 100.00
Ending Balance			\$ 7,619.69
Security			
Beginning Balance			\$ 61,045.18
Monies In	Security Reserve 2023	\$ 230.00	
Monies Out	Paypal Fees	\$ 5.03	
	SEAL Payments	\$ 6,623.00	
Ending Balance Subscription			\$ 54,647.15
Combined Ending Balance			\$ 62,266.84

Total EMCA Members: 191
Total Greater EM Security subscriptions : 174
2023 Great EM Security Subscribers: 115

The treasurer's reporting month is being changed to coincide with the newsletter being created prior to month end.

Want to submit an article for the newsletter? Please email your article to newsletter.emca@gmail.com. All submissions are welcome, but submission does not guarantee that the submission will be published.



Join EMCA Today!

Membership is open to neighborhood residents or business owners/operators. Payment of dues will apply to current year.

Single or Guest \$15.00 Household \$25.00 Business \$30.00

Name(s): _____

Address: _____

Home Phone: _____ Alt. Phone: _____

Email: _____

Mail to: PO Box 131363 Houston, TX 77219

OR pay via PayPal at www.Eastmontrose.org

I would like to help in the following way:

Safety and Security: Promote safety and security in East Montrose through HPD's Positive Interface Program (PIP), Crime-Out activities, and Citizens Crime Patrol.

Membership: Encourage membership enrollment, maintain records.

Volunteer: Database Administrator

Volunteer: Newsletter Team

Volunteer: Biennial Home Tour