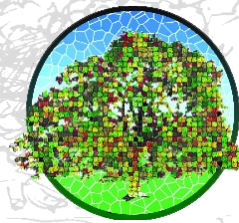


East Montrose

Civic Association Newsletter



Connect: [Facebook.com/groups/East Montrose](https://www.facebook.com/groups/EastMontrose) and www.eastmontrose.org or Mail: PO Box 131363 Houston, TX 77219

July 2025

It is the mission of East Montrose Civic Association to serve the interests of East Montrose, to promote the safety and welfare of its residents, to foster a sense of community, and to celebrate the diversity and uniqueness of the area. These goals are accomplished through the efforts of its volunteers and elected officers.

EMCA 2025 Calendar

07/15/2025—No meeting, summer break

08/19/2025—No meeting, summer break

09/16/2025—TBD

10/07/2025—National Night Out

More dates to follow.

All EMCA meetings take place on the 3rd Tuesday of every month unless noted otherwise.

East Montrose Security Survey

EMCA is committed to keeping our neighborhood safe and welcoming for everyone. Please fill out this short survey by July 15 so we can better understand your needs:

[SECURITY SURVEY](#)

To learn how YOU can help make trash pick-up more efficient, please read the guidelines linked below:

[COH Curbside Collection Guidelines](#)



EMCA has an Instagram account! Give us a follow @eastmontrose for neighborhood updates, photos, and more!

Area crime reports can be found at the excellent and current www.spotcrime.com.

The City of Houston crime database is almost always out of date.

Hurricane Preparedness

Hurricane safety is paramount, and as we get into the season, it is vital that everyone stay safe and prepared for any severe storms that come this way. Houston gets on average, 14 named storms per year with 7 becoming hurricanes. Most activity takes place towards the end of summer, so this is a great time to begin preparing. Here are some tips to get you started with storm safety.

1. Sign up for storm alerts from FEMA or Harris County's Ready Harris Alerts program. The City of Houston also sends out emergency texts, which you can sign up for if you don't receive those.
2. If you need to evacuate, have a plan already in place for where you will be headed.
3. Speaking of evacuations, have a Go Kit ready with 7-10 days of supplies. Clothing, cash, medications and first aid supplies, flashlights/lanterns with extra batteries, charging cables and portable chargers, toiletries, nonperishable food items, and water should all be packed and ready. If you have children and/or pets, don't forget their essentials.
4. Protect your home! Things you can do now include checking for any leaks, taking care of repairs you've put off. Decluttering drains and gutters. Day of, you want to secure outdoor items or bring them indoors. If there is possibility of flying debris, consider board your windows. This would require you to have supplies on hand to board up with. Move your car(s) to an indoor location if its typically kept outside.
5. If you are not evacuating, and instead sheltering at home, plan for power outages or water boil alerts. Keep a bathtub filled with water, source a generator if possible. If the power goes out, you have about 4 hours before food spoilage in a refrigerator, and 48 hours for frozen items BUT ONLY IF YOU KEEP THEM CLOSED.
6. Finally, check in on neighbors, friends, and family in the area!

Hope everyone and your homes all stay safe this storm season. Preparing now will prevent additional panic later—your future self will thank you!

Things to do in Houston this Month

1. Freedom over Texas: Closest to East Montrose will be the Freedom over Texas annual celebration at Eleanor Tinsley Park. Plenty of fun to be had with live music, food, games and of course the big fireworks show. Tickets required for entry, though the fireworks will be visible along the bayou at multiple points if you just want to bring chairs or a blanket.

July 4, Eleanor Tinsley Park (fireworks start at 9:30)

2. Weci|Koninut: This interactive art installation premieres here in Houston for the first time ever. This collection, put together by First Nation's artists Julie-Christina Picher and Dave Jenniss, combines visual arts, Indigenous storytelling and sensory technologies. This immersive experience invites the audience to experience the Atikamekw culture's six seasons through six installations.

Avenida Houston, recurring daily until July 31

3. Summer Jam 2025: Moody's annual summer jam returns with plenty of family-friendly art activities, galleries, an indoor farmers market, vendors, face painting, bubble games, printmaking and more!

July 19, Moody Center for the Arts, 12pm-5pm

4. Hot Wheels Monster Trucks: The new Hot Wheels show, Glow-n-Fire! Will be in Houston for one weekend only. Plenty of heat and action await with all of your favorite Hot Wheels Monster Trucks.

July 19-20, Toyota Center, tickets required

5. Texas Elite Auto Show: The ultimate celebration of automotive excellence, this is the place to be for all car enthusiasts, collectors, and industry professionals. This auto show showcases the best of the best in all categories of craftsmanship and innovation. Get ready for a showcase of everything from beautiful classic cars to cutting edge concept cars.

July 26-27 at NRG Stadium, tickets are \$75

From the Editor...

by Sofie Shoaib

Not sure about you, but I have personally noticed a spike in birding interest. Suddenly everyone seems to be an enthusiast. Trending on social media? New TV shows or movies referencing birding? I'm not quite sure of the cause but bird-watching is certainly all the rage this summer. If you are a new or lifelong birder, here is a book that may interest you or the birders in your life! *The Birding Dictionary* by Rosemary Mosco is a small but hilarious guide on birding. Full of tongue-in-cheek humor about birds and their habits, it is a great way to learn all about birding without getting lost in the technical details. The book includes everything from bird species, anatomy, behaviors, to birding language that you should know as a professional birder, all while poking fun at the act of birdwatching itself.

Here's an example to get you hooked: "stakeout *noun*: a gathering of birders that evokes action-movie vibes, but mostly involves waiting in a damp field, shifting from foot to foot, and looking up until your eyes ache."

Truer words could not be told. Grab yourself a copy, and get out there with your binoculars! We can't wait to hear all about your birding adventures this summer.

Cheers,

Sofie

Recipe of the Month

We are going Greek this month with some delicious Greek Chicken Meatballs in a Creamy Tomato Orzo. Perfect for using up those summer seasonals. Recipe by Tieghan Gerard

Ingredients

- | | |
|--|-------------------------------------|
| 1 ½ lb ground chicken, pork, or turkey | 2 tbsp extra virgin olive oil |
| ½ cup grated parmesan cheese | 1 ½ cup cherry tomatoes |
| 1 shallot, chopped | 1 cup dry white wine |
| 8 clove garlic, 2 chopped, 6 whole | 2 cup dry orzo pasta |
| ¼ cup fresh oregano, chopped | ½ cup heavy cream or whole milk |
| 2 tsp sweet or regular paprika | 6 tbsp salted butter |
| 1 tbsp balsamic vinegar | 1 sprig rosemary |
| kosher salt and black pepper | 4 sprigs fresh thyme |
| chili flakes | ½ cup crumbled feta |
| | • fresh basil and dill, for serving |

Instructions:

1. Add the chicken, parmesan, shallot, 2 chopped cloves of garlic, oregano, paprika, and balsamic vinegar to a bowl. Season with salt, pepper, and chili flakes. Mix to combine. Coat your hands with oil, and roll the meat into tablespoon-size balls (will make 15-16 meatballs). Drizzle with olive oil and place the meatballs in the bowl of your crockpot.
2. Add the tomatoes. Pour over the wine and 1/2 cup water. Add the whole garlic cloves. Cover and cook on low for 3-4 hours or on high for 1-2 hours.
3. Preheat the broiler to high. Remove the meatballs and garlic from the slow cooker and place on a baking sheet.
4. Crank the heat on the slow cooker to high. Stir in the orzo, and 1 cup water. Cover and cook 20-30 minutes, or until the orzo is al dente. If the orzo needs more liquid, add additional water. Stir in the milk/cream.
5. Arrange the butter, rosemary, and thyme, around the meatballs and garlic, then broil for 1-3 minutes, until crisp. Peel away the garlic skin, then chop and mix with the butter and herbs on the sheet pan. Toss the meatballs in the butter.
6. Serve the meatballs over the orzo with feta cheese, fresh basil, and dill.

Mayor's Assistance Office:

James Ronje—832-393-5958

James.ronje@houston.tx.gov

Our District C City Council Member: Abbie Kamin

Contact Kate Dentler

districtc@houston.tx.gov—832-393-3004

City of Houston Community Liaison

Carl Davis—832-393-4063

Harris County Precinct One—Commissioner Rodney Ellis

Contact: Matala Idi

Matala.idi@cp1.hctx.net—346-286-1900

Council Member At Large #5—Sallie Alcorn

Contact: Mike Watkins

Mike.watkins@houston.tx.gov—832-393-3017

TIRZ 27

email info@montrosehtx.org website montrosehtx.org

Representative, CD7

Lizzie Fletcher—713-353-8680

<http://fletcher.house.gov/contact>

East Montrose C/A Contacts

President: Karen Bohn — president.emca@gmail.com

V-Pres: Hugo Ovalle — vicepresident.emca@gmail.com

Treasurer: Joel Dudley — treasurer.emca@gmail.com

Secretary: Jamie Flatt, Joey Zamora — secretary.emca@gmail.com

Past Pres.: Mary Quinn — pastpresident.emca@gmail.com

At Large 1: Katy Macalla and Alyssa Ketner — rep1.emca@gmail.com

At Large 2: Beth Shook — rep2.emca@gmail.com

Neartown Liaison: Karen Bohn — president.emca@gmail.com

Neartown Alt Liaison: Jamie Flatt — secretary.emca@gmail.com

Newsletter: Sofie Shoaib — newsletter.emca@gmail.com

HPD's PIP: OPEN

Security: Hugo Ovalle — safety.emca@gmail.com

Trees for EM: Josh & Helen Dubach — jsdubach@gmail.com

Peggy Shiffick Park: Gloria Lyons — globella@icloud.com

FB Admin: Bill Maxey - [EastMontrose@groups.facebook.com](https://www.facebook.com/EastMontrose/)

Yard of the Season: Betsy Anderson — bsatexas@sbcglobal.net

Clean up Crew: George Boos — george.boos@att.net

Home Tour: Bill Maxey — bmaxey@mediadesigninc.com

The following volunteer positions are currently open:

Block Captains: **OPEN**—block captains are needed for each street in the boundaries of East Montrose

Please contact the EMCA President or VP to volunteer.

We need you!

TRASH COLLECTION SCHEDULE

| | | |
|---------|-----------|-------------------------------|
| July 2 | Monday | Regular Trash & Lawn |
| July 4 | Wednesday | Junk |
| July 9 | Monday | Regular Trash & Lawn& Recycle |
| July 16 | Monday | Regular Trash & Lawn |
| July 23 | Monday | Regular Trash & Lawn& Recycle |
| July 30 | Monday | Regular Trash & Lawn |

This trash schedule comes from the Rollout! app and is subject to change.

*****holiday schedule / not confirmed**

Want to submit an article for the newsletter? Please email your article to newsletter.emca@gmail.com. All submissions are welcome, but submission does not guarantee that the submission will be published.

| April, 2025 Treasurer's Report | | | |
|---|------------------------------------|-------------|--------------|
| For the period April 1, 2025 - April 30, 2025 | | | |
| EMCA | | | |
| Beginning Balance | | | \$ 4,611.34 |
| Monies In | Membership | \$ 430.00 | |
| | Transfer from Security - D&O Ins | \$ 1,442.00 | |
| Monies Out | | | |
| | Paypal Fees | | \$ 18.08 |
| | Storage (Apr & May) | | \$ 100.00 |
| | Billsby | | \$ 45.00 |
| | Spring Fling - Music | | \$ 300.00 |
| Ending Balance | | | \$ 6,020.26 |
| Security | | | |
| Beginning Balance | | | \$ 19,381.95 |
| Monies In | Security Reserve | \$ 775.00 | |
| Monies Out | Paypal Fees | | |
| | Stripe Fees | | \$ 21.69 |
| | Transfer to EMCA Account - D&O Ins | | \$ 1,442.00 |
| | SEAL Payments | | \$ 3,705.00 |
| Ending Balance Subscription | | | \$ 14,988.26 |
| Combined Ending Balance | | | \$ 21,008.52 |

Total EMCA Members: 248

Total Greater EM Security subscriptions : 199

2024 Greater EM Security Subscribers: 91

The treasurer's reporting month is being changed to coincide with the newsletter being created prior to month end.



Join EMCA Today!

Membership is open to neighborhood residents or business owners/operators. Payment of dues will apply to current year.

___ Single or Guest \$15.00 ___ Household \$25.00 ___ Business \$30.00

Name(s): _____

Address: _____

Home Phone: _____ Alt. Phone: _____

Email: _____

Mail to: PO Box 131363 Houston, TX 77219

OR pay via PayPal at www.Eastmontrose.org or via Zelle to treasurer.emca@gmail.com

I would like to help in the following way:

___ **Safety and Security:** Promote safety and security in East Montrose through HPD's Positive Interface Program (PIP), Crime-Out activities, and Citizens Crime Patrol.

___ **Membership:** Encourage membership enrollment, maintain records.

___ **Volunteer:** Database Administrator

___ **Volunteer:** Newsletter Team

___ **Volunteer:** Biennial Home Tour